



## TEXAS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

**DANIEL HOWSMON**

Has Established The

**-120 JUNIOR**

**Equipped Record (2015-2021)**

**247.5 KG BENCH PRESS SINGLE LIFT**

**2013 IPF WORLD BENCH PRESS CHAMPIONSHIP, KAUNAS, LITHUANIA**

**05/25/2013**



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