



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL ARNOW**

---

Has Established The  
**-100 MASTER 1A**  
Equipped Record  
**120 KG BENCH PRESS**  
**WORCESTER OPEN**  
**01/16/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport