



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN NGUYEN**



Has Established The

**-56 TEEN 3 RAW RECORD  
217.5 KG TOTAL PUSH-PULL**

**AAO WINTER CLASSIC  
01/29/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport