



# OREGON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOE LANTOW**

Has Established The

**-125 JUNIOR EQUIPPED RECORD  
160 KG BENCH PRESS SINGLE LIFT**

**NORTHEAST COLLEGIATE REGIONALS  
02/12/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport