



# WISCONSIN STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ARABELLA GELHAAR**

Has Established The

**100+ TEEN 3 EQUIPPED RECORD  
177.5 KG SQUAT**

**WHSPA STATE CHAMPIONSHIP  
03/05/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport