



# MINNESOTA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SENJA RUUSKA**

Has Established The

**-100 MASTER 1B**

**Raw Record**

**72.5 KG BENCH PRESS SINGLE LIFT**

**IRON ICE NOVICE CLASSIC**

**03/13/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport