



# WASHINGTON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ALLISON KARLIS**

Has Established The

**-90 TEEN 3 RAW RECORD  
90 KG BENCH PRESS SINGLE LIFT**

**TEEN NATIONALS**

**03/23/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport