



## **SOUTH CAROLINA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**JOHN DEMCHAK**

Has Established The

**-75 MASTER 1A RAW RECORD  
182.5 KG SQUAT**

**BATTLE ON THE BORDER  
03/19/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport