



# VIRGINIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**YOUSSEF ABDELSAMAD**

Has Established The

**-67.5 TEEN 3**

**Raw Record**

**200 KG SQUAT**

**TEEN NATIONALS**

**03/23/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport