

## WASHINGTON STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **JILL ARNOW**

Has Established The

84+ MASTER 1B EQUIPPED RECORD (2015-2021) 187.5 KG DEADLIFT

2008 IPF MASTERS WORLD CHAMPIONSHIPS 10/02/2008



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport