



# WASHINGTON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL ARNOW**

Has Established The

**84+ MASTER 1B EQUIPPED RECORD (2015-2021)**

**500 KG TOTAL**

**2008 WOMEN'S NATIONALS**

**02/17/2008**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport