



# ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CYNTHIA AITA-HOLMES**

Has Established The

**-56 MASTER 1B RAW RECORD  
90 KG SQUAT**

**ALASKA STATE CHAMPIONSHIP - ANCHORAGE, AK  
04/20/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport