



## PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RON ZSIDO**

Has Established The

**-100 MASTER 1B**

**Raw Record**

**230 KG DEADLIFT**

**AVENGERS MONSTERS SMASH**

**10/08/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport