



## WASHINGTON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BLAKE BIRL**

Has Established The

**-56 TEEN 1**

**Raw Record**

**195 KG TOTAL PUSH-PULL**

**WASHINGTON STATE CHAMPIONSHIP**

**10/08/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport