



# MICHIGAN STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ELIZABETH MICHELAKIS**

Has Established The

**-100 JUNIOR EQUIPPED RECORD  
45 KG BENCH PRESS PUSH-PULL**

**MICHIGAN STATE CHAMPIONSHIPS**

**11/05/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport