



# IOWA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**STAN MINGUS**

Has Established The

**-105 MASTER 3B RAW RECORD (2015-2021)  
210 KG DEADLIFT**

**BEST OF THE MIDWEST CHAMPIONSHIPS, CEDAR RAPIDS, IA  
10/25/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport