



## NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CHUNG SHING LAU**

Has Established The

**-60 JUNIOR HONG KONG RAW RECORD  
475 KG TOTAL**

**DENCH WINTER SHOWDOWN  
12/10/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport