



## IDAHO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CHRISTOPHER NICOMEDES**

Has Established The  
**-100 OPEN**  
**Raw Record**  
**272.5 KG DEADLIFT**  
**HOLIDAY HOIST**  
**12/10/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport