



LOUISIANA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ALLYS DIERKER

Has Established The

**-90 MASTER 1B RAW RECORD
81.65 KG SQUAT**

LOUISIANA STATE CHAMPIONSHIPS (RED LERILLE'S HEALTH & RACQUET)

01/18/2014



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport