



# NEW YORK STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**PHIL ALERDING**

Has Established The

**-100 MASTER 2B RAW RECORD  
125 KG BENCH PRESS**

**NEW YORK STATE CHAMPIONSHIPS**

**03/18/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport