

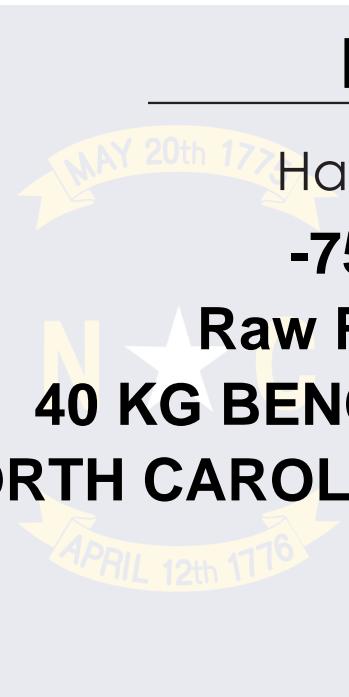


NORTH CAROLINA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

RUTH KRIZ

Has Established The
-75 MASTER 4B
Raw Record (2022-2024)
40 KG BENCH PRESS SINGLE LIFT
NORTH CAROLINA STATE CHAMPIONSHIPS
03/18/2023

A watermark of the North Carolina state seal is positioned behind the text. It features a blue outer ring with the words 'THE GREAT SEAL OF THE STATE OF NORTH CAROLINA' and a central shield with a yellow border. The shield contains a blue star in the upper left, a plow in the middle, and a sheaf of wheat in the lower right. Above the shield is a yellow arch with the date 'MAY 20th 1777' and below it is another arch with the date 'APRIL 12th 1776'.

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