

## VIRGINIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **AMELIA KREIENSIECK**

Has Established The

## -75 TEEN 3 RAW RECORD 82.5 KG BENCH PRESS SINGLE LIFT

VIRGINIA MEGA NOVICE OPEN 04/30/2023



www.usapowerlifting.com America's Choice Drug-Free Strength Sport