



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**STEFAN PLESCHA**

Has Established The

**-100 MASTER 1A RAW RECORD  
295 KG DEADLIFT PUSH-PULL**

**BALTIMORE SINGLE-LIFT RAW OPEN  
04/29/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport