



## TEXAS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JAMES PLOMER**

Has Established The

**-90 MASTER 3A**

**Raw Record**

**560 KG TOTAL**

**MASTERS WORLD CUP**

**05/20/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport