



OHIO STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

SYLVIA BAHR

Has Established The

**-56 MASTER 2A RAW RECORD
43.1 KG BENCH PRESS PUSH-PULL**

**2013 BATTLE OF THE GREAT LAKES
04/13/2013**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport