



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**PREM PRAKASH**

Has Established The  
**-67.5 MASTER 3A**  
**Vermont Raw State Record**  
**227.5 KG TOTAL PUSH-PULL**  
**VERMONT RAW MAYHEM**  
**05/27/2023**



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America's Choice Drug Free Strength Sport