



# NEW JERSEY STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SEAN ROWLAND**

Has Established The

**-100 TEEN 3 RAW RECORD  
417.5 KG TOTAL PUSH-PULL**

**ADELANTE CLASSIC  
05/21/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport