



# MICHIGAN STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DOUGLAS NEWSOME**

Has Established The

**-110 MASTER 1A**

**Raw Record**

**175 KG BENCH PRESS SINGLE LIFT**

**MAPLE MAYHEM**

**06/03/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport