



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RUTH KRIZ**

---

Has Established The

**-75 MASTER 4B RAW  
112.5 KG DEADLIFT**

**SOUTHEAST REGIONALS  
06/17/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport