



# VIRGINIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CHRISTOPHER ALLEN**

Has Established The

**-125 MASTER 1B RAW RECORD  
177.5 KG BENCH PRESS**

**MILITARY/POLICE/FIRE FIGHTERS NATIONAL CHAMPIONSHIPS  
03/11/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport