



# MASSACHUSETTS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KARA AVELLAN**

Has Established The  
**-67.5 MASTER 1B**  
**Massachusetts Raw State Record (2022-2024)**  
**70 KG BENCH PRESS**  
**ODYSSEY BARBELL SUMMER OPEN**  
**06/24/2023**



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