



# AUSTRALIA RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILLIAN DE CONINCK**

Has Established The

**-100 MASTER 3**

**Australia Raw Record**

**140 KG DEADLIFT PUSH-PULL**

**SYNERGY STRENGTH OPEN**

**07/02/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)