



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHAHEED BRYANT**

Has Established The

**-56 OPEN RAW  
192.5 KG SQUAT**

**MID ATLANTIC REGIONAL CHAMPIONSHIP  
07/07/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport