



# AUSTRALIA RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**VALERIE SILVER**

Has Established The  
**-67.5 MASTER 3**  
**Australia Raw Record (2022-2024)**  
**40 KG BENCH PRESS**  
**QUEENSLAND STATE QUALIFIER**  
**07/16/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)