



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**YEE TUNG TIFFANNY LAU**

Has Established The

**-56 JUNIOR HONG KONG RAW RECORD  
60 KG BENCH PRESS**

**HONG KONG CHAMPIONSHIPS  
08/26/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport