



## MISSOURI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CHRISTINE GRUNWALD**

Has Established The

**-75 MASTER 1B**

**Raw Record (2022-2024)**

**197.5 KG TOTAL PUSH-PULL  
MISSOURI RIVER OPEN**

**10/07/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport