



# WASHINGTON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ALLISON KARLIS**

Has Established The

**-90 TEEN 3 RAW RECORD  
287.5 KG TOTAL PUSH-PULL**

**WASHINGTON STATE CHAMPIONSHIP  
10/07/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport