



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LINDA KEPHART**

Has Established The

**-56 MASTER 4A RAW RECORD  
42 KG BENCH PRESS SINGLE LIFT**

**VIRGINIA STATE CHAMPIONSHIPS**

**11/05/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport