



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LILLIAN OCHSENBEIN**



Has Established The

**-90 TEEN 2**

**Raw Record**

**347.5 KG TOTAL**

**THANKSGIVING THROWDOWN**

**11/11/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport