



# AUSTRALIA RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LARA JONES**

Has Established The

**-56 TEEN 1 AUSTRALIA RAW RECORD  
57.5 KG BENCH PRESS PUSH-PULL**

**BBB UNITE #2**

**11/04/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)