



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**EMANUEL RECHTHAND**

Has Established The

**-60 MASTER 1B RAW RECORD  
57.5 KG BENCH PRESS PUSH-PULL**

**FLORIDA STATE CHAMPIONSHIPS**

**11/11/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport