



## TEXAS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICKEY (MIKELINA) BELAINEN**

Has Established The

**-90 OPEN RAW RECORD  
85 KG BENCH PRESS**

**2013 RAW NATIONAL CHAMPIONSHIP, ORLANDO, FL  
07/19/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport