



## TEXAS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ASHLEY AWALT**

Has Established The

**-56 OPEN EQUIPPED RECORD  
190 KG SQUAT**

**SPRING, TEXAS  
08/01/2009**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport