



# LOUISIANA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**AMELIA DAY**

Has Established The

**100+ JUNIOR EQUIPPED RECORD  
200 KG DEADLIFT**

**COLLEGIATE NATIONALS**

**04/11/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport