



# CONNECTICUT STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ELIZABETH DUDEK**

Has Established The

**-90 MASTER 3B**

**Raw Record**

**120 KG TOTAL PUSH-PULL  
CONNECTICUT LADIES OF IRON**

**05/04/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport