



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MANSON ALFRED**



Has Established The

**-100 MASTER 3A**

**Raw Record**

**117.5 KG BENCH PRESS SINGLE LIFT**

**Â**

**08/26/2012**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport