



## TEXAS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**IAN BELL**

Has Established The

**-100 JUNIOR EQUIPPED RECORD  
347.5 KG SQUAT**

**2012 IPF JR. WORLDS CHAMPIONSHIPS, POLAND  
09/01/2012**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport