



## TEXAS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**DANIEL HOWSMON**

Has Established The

**-110 JUNIOR EQUIPPED RECORD  
247.5 KG BENCH PRESS SINGLE LIFT**

**2013 IPF WORLD BENCH PRESS CHAMPIONSHIP, KAUNAS, LITHUANIA**

**05/25/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport