



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**GIL CARRANZA**

Has Established The

**-100 MASTER 1B**

**Raw Record**

**207.5 KG DEADLIFT PUSH-PULL**

**HEART OF IRON**

**06/01/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport