



# MINNESOTA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**CARRINGTON AMADI**

Has Established The

**-140 OPEN RAW RECORD  
202.5 KG BENCH PRESS SINGLE LIFT**

**RAW NATIONALS**

**09/05/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport